

GOALS: Generational Opportunities to Achieve Long-Term Success

A Comprehensive Two-Gen Case Management, Residential Services, with Long-Term Follow up Approach

Serving Families Experiencing Homelessness and Families At -Risk of Homelessness

- Services and support for parents, children, & the family as a whole
- Reinforce and multiply positive impact to build assets & offset obstacles
- Creates a path to improved family well-being and economic self-sufficiency

Services Provided by Community Partners:

- Job Search & Training
- Work Supports/ Child Care
- Skill Development
- Overcoming Barriers
- Continuing Education
- Health and Wellness
- Safe Temporary Housing and Food Security
- Path to Stable Housing

Parent Earns Self-Sufficiency Wages
Ability and skills to secure and maintain employment
Overcome barriers to employment
Meet needs of children

Children Grow up in a Positive Environment
Succeed in P-12 and post-secondary education
Avoid engaging in risky behaviors

Family Healthy and Functional
Basic needs are met, safe and stable housing. Family is cohesive and mutually supportive

Short Term Outcomes

- Food and housing security
- Decreased toxic stress and improved family well-being
- Access to services and benefits to address barriers
- Early childhood education and youth support for academic success
- Plan for family self-sufficiency

Long Term Outcomes

- Secure stable housing
- Family economic self-sufficiency
- Improved family well-being
- Successful developmental outcomes for children
- Interruption of the generational cycle of poverty

Services Provided by Community Partners:

- School Readiness
- School-Based Services
- Tutoring
- Drug & Alcohol Prevention
- Mentoring
- Social Emotional Development
- Social Network & Recreation
- Physical & Mental Health Services
- Parenting Education and Support

Evaluation-Driven

Supported by a Formative (Phase I) and Impact (Phase II) Evaluation, incorporating continuous quality improvement (CQI) with an overarching goal of building a Two-Generation evidence-based approach to serving homeless families and those at-risk.



The Generational Opportunities to Achieve Long-Term Success (GOALS) program, takes a two-generation approach to improve the overall wellbeing for families experiencing homelessness by enhancing self-sufficiency through residentially-based, whole family services (parent, child and family). GOALS serves families primarily from the City of Aurora and Arapahoe County, Colorado who are eligible for or currently receiving public assistance and who are currently experiencing homelessness or at-risk of becoming homeless. GOALS is a collaborative effort led by Family Tree and Arapahoe County Human Services, in partnership with diverse government and community-based service providers. The Center for Policy Research is conducting a formative evaluation (Phase I) and impact evaluation (Phase II) of the GOALS program.

Breaking the Cycles of Poverty and Homelessness

GOALS was developed and is being tested as an effective approach to addressing multi-generational poverty among families experiencing homelessness. The intent of the program is to disrupt the cycle of poverty by directing services to parents, children and the whole family unit, while providing safe, temporary housing. While parents work to overcome barriers and develop skills to financially support the family, children get high-quality early childhood education and other services that set them up for success now and in the future, and the family gets support to improve its overall well-being and puts them on a path to economic stability. A key feature of GOALS is to provide long term follow up supports to families, up to 12 months post GOALS participation.

Program Model/Components

GOALS is located on the Oxford Vista campus at the former Excelsior Youth Center at 15001 E. Oxford Ave. in Aurora, Colorado. Approximately 15 families at a time will be housed for stays of approximately four to nine months. Families will have access to diverse services, including:

- **Individualized case management**
- **Employment Services**
- **Early Childhood Education and Support for Academic Achievement**
- **Mental and Physical Health Services**
- **Social Network Development**
- **Parenting and Family Function Education**

Collaborating Partners

GOALS is supported in part by Arapahoe County Human Services and Family Tree. Family Tree will operate the Oxford Vista residence and coordinate services for families. Services will be provided, primarily onsite, by local organizations including CWEE, Ability Connection Colorado, Aurora Mental Health and others.

