



## The A B C's Of Parenting

...Because kids don't come with instructions



Parenting does not have to be a hassle, discover some proven methods for cutting down the frustration of being a parent in today's hectic world. Unlock the knowledge you already hold and share your wisdom. Find out you are not alone. **We can help!**

### COURSE HIGHLIGHTS

- Relating with compassion
- Admitting and dealing with anger appropriately
- Communicating to solve problems
- Court approved course



**WHERE:** Arapahoe County DHS  
14980 E Alameda Dr Aurora, CO 80012  
Classes will be held in the Legacy Room (located on the garden level)  
Participants must check in.

**WHEN:** Wednesdays (Quarterly), 9am-1pm  
(3 week series-must attend all 3 classes)  
FREE LUNCH PROVIDED

**COST:** FREE to Arapahoe County Human Services clients  
Please call 303-752-8908 for approval.  
Individuals outside of ACHS will pay \$90.00 per person and \$120.00 per couple

**REGISTRATION:** Contact Child Support Services at 303-752-8908

