



ARAPAHOE COUNTY  
COLORADO'S FIRST

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# News Release

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## 4-H Information night for parents and youth

*Come learn about the exciting programs offered through Colorado State University Extension*

**Littleton, Colo.** – Find out all about Arapahoe County's 4-H program by attending Information Night 7 – 8:30 p.m. Nov. 5 at Arapahoe County CSU-Extension Office, 5804 S. Datura St. Littleton.

The program offers more than 60 general, home economics and animal project areas for youth ages 5 to 18. A project involves learning a new skill over a period of several weeks or months through hands-on learning. Some of the County's most popular projects involve rabbits and dogs, shooting sports, cake decorating, clothing construction and wildlife. Children under age 8 participate in the Cloverbud project, where they learn about a variety of topics and have fun in a non-competitive setting. Parents will have an opportunity to ask questions and get information on how to enroll their children during Information Night.

"We have members who keep coming back, year-after-year, because they're not only learning skills that will benefit them for a lifetime, they're meeting friends and having a blast," said Arapahoe County Commissioner Rod Bockenfeld. "4-H members work on projects they can show off to their friends and families and it helps boost confidence and self-esteem."

Arapahoe County 4-H members are invited to show their completed projects at the Arapahoe County Fair each July, and top exhibitors are invited to the Colorado State Fair. The County also hosts optional contests each year, such as cake decorating, speech demonstrations, creative cooks and a talent show. 4-H youth also participate in community service projects, fundraisers, conferences and camps that help to grow their leadership skills.

Currently, there are about 300 members in Arapahoe County's 4-H program. Metro-area youth are welcome to join one of 13 local clubs from Littleton to Deer Trail, or start a new club with a group of friends and an adult volunteer.

For more information or to receive a list of 4-H clubs, please call the 4-H Office at Arapahoe County's CSU-Extension at 303-730-1920 or visit [www.arapahoeextension.org](http://www.arapahoeextension.org). The annual fee for new members is \$35, which covers up to three projects. The new leader fee is \$10.

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**Download photos:** <ftp://ftp.arapahoeqov.com/Pub/Communication%20Services/FAIR/2014/4-H%202014/>

**Description:** 4-H members at the 2014 Arapahoe County Fair

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