



ARAPAHOE COUNTY
COLORADO'S FIRST

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News Release

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Arapahoe County CSU Extension offering AgrAbility workshop *Free Feb. 2 workshop provides assistance to disabled farmers and ranchers*

LITTLETON, CO --- Farming and ranching are not always easy endeavors, let alone when dealing with physical or mental challenges.

Colorado State University Extension of Arapahoe County is offering a free workshop 10 a.m. – 2 p.m. Feb. 2 to help farmers and ranchers with physical or mental challenges run successful agricultural businesses.

AgrAbility will be held at the Arapahoe County Fairgrounds and Event Center, 25690 E. Quincy Ave., Aurora, 80016. A free light lunch will be provided for those who pre-register at least one week prior to the workshop. Workshop topics will include mental wellness in rural Colorado, stress management and how to work with agricultural lenders and bankers.

The workshop is part of the Colorado AgrAbility Project, which promotes success in agriculture for people with disabilities or those experiencing physical and mental challenges. Colorado State University and Goodwill Industries of Denver partner together on the Colorado AgrAbility Project to provide disability workshops, on-site evaluations, resource information, equipment modification and assistive technology.

As part of a nationwide network of programs with the U.S. Department of Agriculture, the goal of this program is to inform, educate and assist farmers, ranchers, farmworkers and their families with disabilities, so they can continue to have successful careers in agriculture.

Workshops will be taught by Norm Dalsted, Professor of Agricultural and Resource Economics with CSU Extension and by Candiss Leathers and James Craig of Goodwill Industries.

For more information and to RSVP, call Candy Leathers at 720-539-4435 or Jonathan Vrabec at 303-730-1920 or 719-661-2286. Learn more about Arapahoe County CSU-Extension at <http://arapahoe.extension.colostate.edu/>.

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